



## Level Up in Life and get Free Coaching!

PIC pairs trained volunteer coaches with adults pursuing new goals and dreams.



"My Member continues to make amazing progress on her selfcreated goals."

CURRENT COACH

1-1 partnerships focused on long-term transformation and self-empowerment.

"After 2 calls I feel more ready to get to the life I want."

CURRENT MEMBER



- 1/week 30 min. phone conversation
- 1 year participation
- Goal-setting and skill building
- Get where YOU want to be in life



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